

OUR FELLOWS LEARNED ABOUT RESILIENCE



Our fellows class met for their February session at Allen Distribution and it was a packed full day of learning! The class started with a Mindfulness Exercise on "Progressive Muscle Relaxation" led by Hannah Kipp of UPMC Central Pa. Then a group of fellows led the Chapter on Resilience and discussed the importance of personal resiliency.

After a break, Heather Hockenberry from Hockenberry Management Consulting presented on Emotional Intelligence. This session emphasizes the leadership trait of effective communication and deepens the appreciation of taking in information through being respectful of hearing others. After Lunch and celebrating Valentine's Day ♥ the group learned from Anthony Johnson with Continuous Journey LLC about Conflict Resolution. They explored specific conflict resolution methods focusing on skills that encourage developing points of common interest and mutual understanding.

To end of the day, Gregory P. Hall, CPA, CMA, CFM with SEK, CPAs & Advisors presented on Nonprofit Finance. We're excited to see what the Fellows learn next month at their March Session!



JLC STUDENTS LEARNED FROM ELECTED OFFICIALS



The JLC Class met for their first session of the year in February at Members 1st Federal Credit Union Headquarters in Enola. The day started out with an ice breaker activity led by the students before they heard a presentation on Habit 4: Think Win-Win from Coach Mike Greene of IntegrityWorks Coaching. Afterwards, they were able to present their donations to The Salvation Army Harrisburg Capital City Region that they had collected as part of this years service project. The total weight of items collected was **1,069 pounds!**

The students had the opportunity to hear from a local elected officials panel moderated by John W. Friend, Vice President, Harrisburg University of Science and Technology. The officials that made up the panel were:
- John G Anthony II, Borough of Mechanicsburg Mayor
- Johnathan Hershey, PA State Auditor General Chief of Staff
- Bruce Clash, Carlisle Area School District Board Member
- Kelly Neiderer, Cumberland County, PA Commissioner
Thank you to our local elected officials for taking the time to share about what they do with the students!

To end the day, Donovin Lindsay of Premiere Career and College Knowledge Foundation ran a Resume Workshop and Admissions Exercise with the students. It was a jam packed day and they can't wait to keep learning when they meet next month!

REGISTER & GET YOUR TICKETS TODAY!

LEADERSHIP CUMBERLAND

Leaders & Legends

ALUMNI AWARDS LUNCHEON

THURSDAY, APRIL 2, 2026

11:30 AM - 1:30 PM

CARLISLE COUNTRY CLUB

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Join us for our Leaders & Legends Alumni Awards where we will celebrate and recognize LC Alumni for their dedication to service, nonprofit leadership, and the community. We will recognize all of our nominees and award 3 deserving individuals with the following awards:

Denver Award - Presented by The Tuckey Companies
Sonya Browne '04, *Domestic Violence Services of Cumberland & Perry Counties*
Justin Rose '09, *Carlisle Family YMCA*

Shining Service Award - Presented by Playa Bowls
Bethany Ansparger '24, *Liz B Collective Salon & Spa*
Cody M. Baker '24, *U.S. Army Garrison Carlisle Barracks*
Justin T. Doty '15, *Frederick Seibert & Associates, Inc.*
Lilivet Duarte '25, *YWCA Carlisle & Cumberland County*
Sara Eierman '25, *Members 1st Federal Credit Union*
Teresa Festivo '23, *M&T Bank*
Michelle Loomis '21, *UPMC Pinnacle Foundation*
Nicole McCartan '23, *The Peyton Walker Foundation*
Safronia Perry '18, *The Learning Tree*
Alexander A. Romanias '25, *U.S. Army Garrison Carlisle Barracks*
Holly Storms '20, *Allen Distribution*
Dr. Curtis Voelker '13, *Central Penn College*

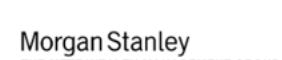
#LCProud Award Recipient - Presented by LC Leadership
Scott Coburn '17, *Pennsylvania Association of Township Supervisors*

Tickets Options
\$35 - LC Alumni Association Member Attendee
\$45 - Non-LCAA Member Attendee
\$430 - VIP Table of 8, Includes Quarter Page Ad in the Event Program
\$250 - VIP Table of 4, Includes Quarter Page Ad in the Event Program

PURCHASE YOUR TICKETS HERE

LC FELLOWS CLASS OF 2026 GRADUATION BREAKFAST



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Join us to celebrate the Graduating Class of Fellows for 2026! We will recognize our guest faculty, corporate partners, and community sponsors who help make our program possible as well as hear from our graduating class of fellows about their experiences. Come and join us to celebrate the class of 2026 and learn more about Leadership Cumberland!

Event Schedule
8:30 - 9:00 AM - Registration & Breakfast
9:00 - 10:30 AM - Graduation Program

Ticket Options
\$35 - General Admission Ticket
\$210 - Table of 4 & Ad in Program
\$350 - Table of 8 & Ad in Program

Quarter Page Ad Size: 5.5" High by 4.25" Wide. Email in high quality .jpeg or .pdf to marketing@leadershipcumberland.org by Monday, May 4, 2026.

[REGISTER HERE](#)

NONPROFIT BOARD OPENINGS, EVENTS VOLUNTEER OPPORTUNITIES & RESOURCES

Do you have any

Nonprofit Needs To Share?

Send them to director@leadershipcumberland.org to include them here in the next Newsletter!

2026 CAAP SUMMIT - EFFICIENCY WITH EMPATHY
Save the Date for the CAAP Summit "Efficiency with Empathy: Where Innovation Meets Humanity" on May 20-21, Hybrid:Harrisburg, PA. As AI reshapes how work gets done, this summit centers on using technology to simplify systems, reduce burnout, and create space for compassion—both for clients and the people who serve them. Participants will explore how to implement AI and tech based solutions while cultivating supportive, psychologically safe workplaces grounded in human connection. Visit www.thecaap.org/2026-caap-summit for updates and information.

CAHA - MARCH FOODTRUCK FOR FOODIES
Aunty Anne's Pretzels is bringing a SPECIAL TREAT to UPMC Carlisle on Tuesday, March 24, 2026. Please join us from 10:30 to 1:30 pm in the Women's Center Parking Lot 361 Alexander Spring Road, Carlisle, PA. 17015

CAHA - SCHOLARSHIP PROGRAM FOR 2026
The Carlisle Area Healthcare Auxiliary is currently accepting scholarship applications for traditional and non-traditional students in the Cumberland County region who are pursuing an education in the healthcare field. Healthcare majors could include nursing majors, radiology technicians, Physician's Assistant, therapy degrees such as physical, respiratory, occupational and speech, medical and surgical technology. Many of the scholarship recipients are now employed at UPMC Carlisle, at Rehabilitation and Long-Term Care facilities and at local medical practices. Scholarship applications are available at the UPMC Carlisle Gift Shop or the Visitors Desk. Application deadline is April 15, 2026. Please contact Ellen Hair, Scholarship Co-chairperson, at 717-486-4179 for further information.

VOLUNTEERS NEEDED FOR CASA PROGRAM
Volunteers are the backbone of our program and the success for our children. The mission of the Cumberland County Court Appointed Special Advocate (CASA) Program is to assist the Court in determining what serves in the best interest of abused and/or neglected children whose cases are in the Dependency Court system. Through independent information-gathering and active case engagement, trained CASA volunteers develop and present their recommendations to the Court to aid in establishing a safe, permanent and nurturing home for the child or sibling group to whom they have been appointed. The four key roles of a CASA volunteer are: gather relevant information, facilitate, advocate for the child's best interests, and monitor the case- all with the goal of helping to support that child or sibling group to reach PERMANENCY. Reach out to Jennifer Braund, CASA Volunteer Coordinator & Trainer at (717) 240 - 6159 or learn more at cumberlandcountypa.gov.

CRAIGHEAD HOUSE IS SEEKING BOARD AND COMMITTEE MEMBERS
[Craighead House](#) is seeking persons to serve on its board and committees. Are you a history buff? Garden guru? Nature lover? We are looking for volunteers to help us with our programs, our administration, and/or our gardens. Whatever your interests, we have a place for you at Craighead House. Contact us today by [clicking here](#) to see where you can help!

JOIN EMPLOYMENT SKILLS CENTER'S BOARD OF DIRECTORS
The Employment Skills Center is looking to fill three Board positions this summer. ESC is a nonprofit organization that provides adult education, training, and workforce development to residents of Carlisle and surrounding communities. Our mission is to help people achieve personal growth and job betterment through education and training. Board meetings are held in person once a month for approximately one hour. If you believe in the value of adult education and are interested in helping us fulfill our mission, please reach out to Mindy Tremblay, Executive Director, at mtremblay@employmentskillscenter.org.

PEYTON WALKER FOUNDATION - THE BEAT GOES ON LIFESAVING LUNCHEON
The Peyton Walker Foundation is hosting its inaugural "The Beat Goes On Lifesaving Luncheon," a powerful event recognizing everyday heroes and life-saving champions who are making a difference in the fight against Sudden Cardiac Arrest (SCA). Taking place on March 19, at The Willows at Ashcombe Mansion (1100 W Grantham Rd, Mechanicsburg, PA 17055) from 11:00 AM - 1:30 PM. Celebrate lives saved by CPR and AED preparedness. Recognize outstanding individuals and partners for checking, protecting, and saving hearts. Honor our Heart Hero Ambassadors who have fundraised for our mission. Your support will directly fund our heart screenings, CPR/AED training programs, and AED donations throughout the community. Join us by purchasing a ticket on our website: <https://www.peytonwalker.org/2026-the-beat-goes-on-lifesaving-luncheon/>

THANK YOU TO OUR '25-'26 SPONSORS

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FELLOWSHIP PARTNER



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