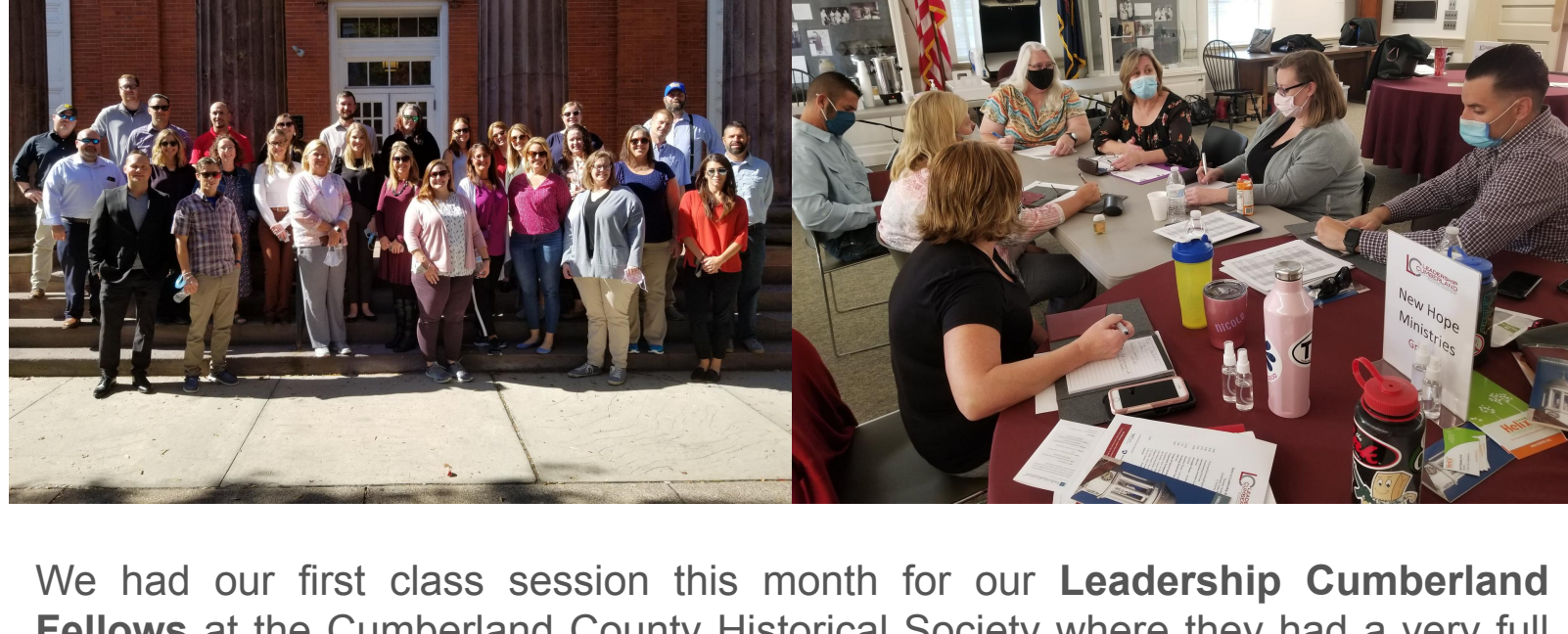


OUR FIRST CLASS SESSIONS ARE UNDERWAY!



We had our first class session this month for our **Leadership Cumberland Fellows** at the Cumberland County Historical Society where they had a very full day! They had an Introduction to Positive Leadership by our director Nicole Deary, went over their strengths finder results with 2021 class alum Heather Knisely, had headshots taken by Jodi Major of AFH Media, LLC, a walking historical tour by Matthew March of the Historical Society, covered nonprofit board meetings with Dr. Ivy R. Buchan, and wrapped up their day by starting their Community Engagement Projects with CommunityAid, Girl Scouts in the Heart of Pennsylvania, New Hope Ministries in Pennsylvania, Joseph T. Simpson Public Library, U.S. Army Carlisle Barracks Farmhouse, and YWCA Carlisle. Thank you to our host for this class the Cumberland County Historical Society!

MEET OUR FELLOWS HERE!



October 6th was our first class session for **Junior Leadership Cumberland**! The Class of 2022 focused on their theme of Leadership where they worked to identify what attributes make a good leader and assessed their own leadership skills. Steve Riccio from Dickinson College presented Habit 1: Be Proactive and we heard from a guest speaker panel including Megan Veres of TE Connectivity, John Martin of Pillar+Aught, and Curtis Voelker of Central Penn College. The students then had a CPR/First Aid Demo from Asheleigh Forsburg with the The Peyton Walker Foundation and a spotlight from our Session Sponsor Carlisle Kiwanis Club. Finally they created their Flat Stanley in groups and wrapped up the day. Thank you to our host sponsor Frederick House in Carlisle for a great first session day!

MEET OUR JLC CLASS HERE!

Don't Miss Our Upcoming Events!



Join us on **Friday, November 5th from 11:30 AM - 1:30 PM** as we celebrate the accomplishments of the Hampden Township Veterans Recognition Committee and their outstanding community leadership in the development of Veterans Park and Captain Leon Lock Veterans Memorial.

The Hampden Township Veterans Park is for members of the community to gather for celebrations and observances in honor of veterans. Each year the park hosts 3 to 4 veteran celebrations and hosts an average of 10,000+ visitors.

Tickets: \$35/person
\$210/VIP Table of 4 (includes program ad)
\$350/VIP Table of 8 (includes program ad)

TODAY IS YOUR LAST DAY TO PURCHASE TICKETS



Join us for our **2nd Annual LC 2021 Reindeer Games** on **Wednesday, December 1st at 7:00 PM**! This **FREE** alumni-only virtual holiday mixer/fundraiser will bring LC classes together to reconnect and compete for the title of #BestClassEver.

Make sure you and your classmates register today! Zoom information and a list of what alumni are participating will be sent out closer to the event.

REGISTER HERE



Recently, our Alumni Committee has created a new way for everyone to be able to connect, network, and learn. We invite you to be a part of our LC Alumni Association (LCAA)!

LCAA Benefits Include:

- Access to Alumni Directory of over 600 individuals
- Access to online Alumni Portal
- Includes recordings of Ongoing Educational Webinars & Nonprofit Trainings
- Free admission to one Ongoing Education Webinar
- Recognition in LC Annual Report & listed as a member online
- Opportunity to be featured in Alumni Spotlights on our website
- Access to private LC Alumni Association Facebook page

2021- 2022 Membership Dues = \$50
Estimated Value of Benefits = \$500+

JOIN LCAA TODAY!

Not able to join LCAA at this time? Then make sure you update your information on our "Stay Connected!" page linked below so that you can receive all of our emails and mailings.

UPDATE MY INFORMATION

UPCOMING LOCAL EVENTS

Stop by Stan's on **Friday, November 5, from 4-8pm** to purchase a delicious pulled pork, turkey breast, beef brisket or brisket burnt ends meal that comes with sides. Located at Stan's Beverage, 75 Ashland Ave, Carlisle, PA 17013. Proceeds benefit people with disabilities who are support by [CPARC](#) advocates. Any questions? Call Laken at 717-249-2611 or email lwilson@cparc.org.

Save the date of **Sunday, November 7, 2021** for a special event to honor Vietnam Veterans by **Hospice of Central PA**. Welcome Home Vietnam Veterans event will honor the Veterans in our community. This program is just one way HCP recognizes the unique needs of Veterans, thanks them for their service to our country, and provides a respectful Welcome Home. More details will be available closer to the event date.

CPARC Advocacy is teaming up again with Giant to offer a healthy recipe and virtual cooking session for adults with developmental and intellectual disabilities on **November 10th from 5:30 - 6:30 PM**. Learn how to mindfully craft easy meals that make you glow from within. Eat healthy & live well! To register, go to: www.cparc.org/event-registration. Registration will be taken individually for each session. Questions? Reach out to ljohnson@cparc.org!

NONPROFIT VOLUNTEER OPPORTUNITIES & RESOURCES

We invite you to partner with **Girl Scouts in the Heart of PA** to deliver their exclusive Becoming Me program, aimed at helping girls develop courage, confidence and character to become their best selves. Have you been wanting to volunteer, but uncertain about your availability or the duration of other volunteer opportunities? Then this is for you! It's defined and clear. Only 4 hour-long, virtual sessions with girls, and a one hour training. You choose both the training and girl sessions that fit your calendar. [Click here](#) for more information.

Junior Achievement of South Central PA recently launched a new way to help prepare students for a bright future. **JA Inspire Virtual** is a virtual career fair targeted to 8th-12th grade students. Students will enter the career fair after completing a career assessment, learning about career clusters and uncovering where they might excel in the working world. This information allows students time to select high school courses that fit within their newly found career interests. Your company can inspire students by sharing cool things about your business and marketing your company to students, educators, parents, and other businesses through JA Inspire. For more information please contact Allison Kierce at akierce@jascpa.org or 717-843-8028.

The Fund for Women and Girls was created in 2000 to broaden the awareness of, and respond to, issues affecting women and girls through the power of collective philanthropy. Women and girls around the world are inordinately represented among the poor, uneducated, and abused. Without a focused effort to combat the issues that face them, they will remain among the underserved. **The Foundation for Enhancing Community** (TFEC's) vision is of a community where they are afforded the right to live in safety, meet their basic needs for living, have the opportunities to pursue their dreams, and are inspired to experience the value of philanthropy. Volunteer opportunities are on the Marketing & Events Committee, Women in Philanthropy Committee, and Fund for Women & Girls Grantmaking Committee. To apply, contact philanthropy@tfec.org. Please also help spread the word with this flyer by [clicking here](#).

Volunteers are needed in **The Salvation Army Family Store** to assist with operations. At times, we've received so many donations that we run out of room and are forced to stop accepting items. With some extra help, we can keep everything moving and continue to welcome donations from the community to support our programs! Recurring volunteers must possess current clearances required by PA Act 153. *Interested in volunteering?* Please contact Captain Oziel Urbacz at (717) 706-3670!

Members of the LGBTQ+ community have an increased risk of anxiety, depression, and other mental health conditions. At OnlineTherapy.com, we want to do our part to support the LGBTQ+ community. As a platform that shares mental health resources to help people who are struggling, we've made it our mission to ensure people know what helpful and even life-saving resources and tools are available to them. Our new guide covers some of the unique challenges faced by LGBTQ+ individuals, how therapy can help, tips for finding the right provider, and additional helpful resources. [Click here to view the guide](#).

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